

The Kōwhai Centre has been set up in conjunction with Whakatōhea Social and Health Services, Thornton Park Retirement Lodge and Hiona St Stephens Anglican Church.

* To meet the needs of senior residents who require a place to go for support, friendships, encouragement and new opportunities.

* The nature of this centre is to provide a caring and supported place to leave your loved one for the day. The facilitator's role is to encourage, support and inspire enjoyable activities which can lead to new endeavours for our senior residents.

* To create new opportunities and friendships, while being of assistance where needed. This can be as little as someone to talk and listen to and/or information for practical help.

* To encourage and maintain as much independence as he/she is capable of and be involved in any decisions which may affect his/her quality of life.

The Kōwhai Centre is a meeting place where you can:

* Enjoy the company of your peers in a warm and whanau friendly environment.

* Participate in activities of your choice.

* Have your individual needs met by volunteers.

*Enjoy being part of your community.

Enjoy

Housie, Crosswords
Gentle exercise to music
Entertainment
Creative Projects
Informative Speakers
Social Activities
Waiata

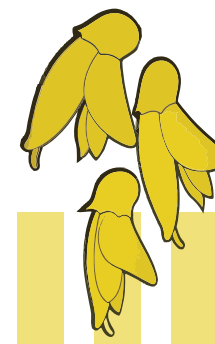
Outings

Visits to local places of interest
Picnics
Entertainment/Movie Cinema

Meals

A nutritious morning tea and lunch will also be served.





Kōwhai Centre

Celebrating The Gift Of Seniors Of All Ages

Welcome to the Kōwhai Centre

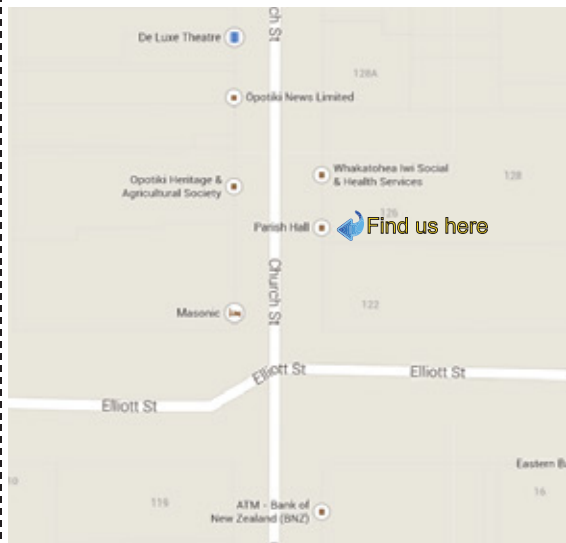
Resting Room

We offer a quiet space for those who need to rest and privacy.

Transport

Transport is available for those that live locally

We are located here:



The Kōwhai Centre

Aims to ensure

Growth

The well-being of our Seniors of all ages living at home learns and grows.

Balance

There is whanau support at home and with existing services.

Tautoko

Support and training for all our volunteers, who are the backbone of our organisation.



The Kowhai Centre has been created to support Seniors of all ages in the community to:

- *Provide an environment of respect, care and dignity.
- *Provide an environment for seniors to build confidence and skills.
- *Provide a sense of well being, belonging and independence.

We are open every:
Thursday 10am – 2.30pm

You can find us at:
Church Street Hiona St Stephens
Parish Hall

You can contact us on:
Donna Kelly
Phone: (07) 315 6042
Mobile: 0279019991
Email: donna.kelly@whakatohea.co.nz

Supported by the following Organizations:

Whakatōhea Iwi Social & Health Services

Thornton Park
RETIREMENT LODGE

